



Accident and Emergency Policy

Guidelines for dealing with an incident/accident

- Stay calm but act swiftly and observe the situation. Is there any danger of further injuries?
- Listen to what the injured person is saying.
- If the injury is minor, alert your first aider to take appropriate action.
- If the injury requires specialist treatment, call the emergency services.
- If a group session is in progress, deal with the rest of the group and ensure that they are adequately supervised.
- Do not move someone with major injuries. Wait for the emergency services.
- If the person is a minor contact their parent/carer.
- Report the incident in the Accident report book (kept in the kitchen with the 1st Aid equipment).

First Aid

A list of coaches and members who hold an up to date appointed person's first aid certificate is located on the notice board in the clubhouse.

First aid equipment is stored in the clubhouse kitchen